Healthy at Work



VERSION 1.0 – Effective May 22, 2020

Guidance for Gatherings of Up To Ten (10) People

- Under Governor Beshear's new executive order, groups of up to ten (10) people may begin gathering on May 22, 2020.
- Public health experts recommend people remain Healthy at Home to the greatest extent practicable and that they continue to socialize via Internet, telephone, and any other modes of communications that allow people to engage in appropriate social distancing.
- While people may meet in groups of up to ten (10) people, public health experts discourage people from engaging in excessive social gatherings in order to appropriately limit contacts.
- If people meet in the allowable groups of up to ten (10) people, public health experts recommend limiting the gathering size to the smallest number of people practicable.
- Public health experts discourage people from sharing items in any gathering, including tools, sporting equipment, vehicles, cooking/grilling ware, and other high-touch objects.
- If you are a member of a group particularly vulnerable to COVID-19 (individuals with conditions identified by the CDC as higher risk or those over 65 years old), public health experts recommend that you avoid any in-person gatherings and remain Healthy At Home.
- If you host or attend a gathering of up to ten people, please consider the following recommendations:
 - O Hold the gathering outside whenever possible;
 - Remain at least six (6) feet apart from people who are not a part of your household;
 - O Do not share food, drink, containers, plates, napkins, or utensils;
 - Wash or sanitize your hands frequently before, during, and after the gathering;
 - O Avoid touching your eyes, nose, or mouth, and;
 - O If you will be closer than six (6) feet to someone outside your household at any point, wear a cloth face covering or mask over your nose and mouth.