Reopening Oregon: Details on Restarting Public Life and Business

Governor Kate Brown
May 7, 2020
You don’t make the timeline. The virus makes the timeline.

– Dr. Anthony Fauci
Governor’s Goals for Reopening

1. Minimize hospitalizations and deaths
2. Allow people to safely return to work so they can support themselves and their families
3. Minimize risk to frontline workers
4. Avoid overwhelming health systems
5. Protect those at highest risk of severe illness, especially communities of color
6. Support for small local gatherings that preserve community cohesion and cultural practices.
Please understand:
• We will be living with the virus until there is reliable treatment or prevention, which is many months off.
• The primary tools we have are physical distancing and hygiene.
• Every restriction we lift increases transmission and will increase cases.
Continued Statewide Guidance: The tools that will protect us

Actions we will need to keep up

- Vulnerable populations must still stay at home
- Limited visiation to nursing homes, hospitals
- Limited gatherings
- Limited travel
- Increased hygiene, cleaning & sanitation
- Stay home when sick
- Telework when possible
Updated Statewide Guidance: The main tools that will protect us

New/updated actions that will further reduce transmission

• Widespread testing under new protocols
• Immediate contact tracing and isolation
• Wear face coverings when in public
• Use of PPE when in close quarters
Require employees in certain businesses where physical distancing cannot be maintained to wear a mask or cloth material that covers the nose and mouth, including: grocery stores, pharmacies, public transit, salons/personal services, and ridesharing services.

• Strongly recommend that businesses where employees are required to wear face coverings establish a mandatory face-covering policy for their customers as well.

Strongly recommend that a mask or cloth material that covers the nose and mouth be worn in any indoor public space, especially where six feet of physical distance cannot be maintained.
Summary of Phases in Oregon

<table>
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<th>Phases and Descriptions</th>
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<td>Current – Some updates</td>
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<td>Phase I – Some counties can enter on May 15th</td>
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<td>Phase II – Higher risk activities</td>
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<tr>
<td>Phase III – Highest-risk activities that will require a reliable treatment or vaccine</td>
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Updates to Current State
Current State
– Updates that apply statewide

May 1
• Non-emergency procedures, medical & dental clinics – start at 50% (PPE dependent)

May 5
• Recreation where physical distancing can be followed (some state park day use areas and boat ramps, option for county/federal campgrounds)

May 15
• Stand-alone retail that was previously closed but can follow OSHA guidelines: furniture stores, art galleries, jewelry shops and boutiques
• Childcare, summer school, camps and youth programs (with limitations and specific guidelines)
Prerequisites to Entering Phase I

We want your counties and health systems to be ready. Here’s what being ready means.
1. Declining COVID-19 Prevalence
   • Hospitalizations measured by county declining for 14 days
   • Emergency department visits for Covid-like illness below influenza-like illness baseline measured statewide

2. Minimum Testing Regimen
   • 30 tests per 10k population per week
   • Accessible testing for underserved communities

3. Contact Tracing System
   • 15 tracers per 100k population
   • Able to trace 95% of contacts within 24 hours
   • Cultural and linguistic competence
Prerequisites
4-7

4. Isolation/Quarantine Facilities
   • Available room capacity
   • Response narratives for group living outbreaks

5. Finalized Statewide Sector Guidelines

6. Sufficient Healthcare Capacity
   • 20% hospital bed surge capacity

7. Sufficient PPE supply
   • Required daily inventory reporting to OHA
   • 30-day supply required; 14-days for small and rural hospitals
   • Sufficient PPE for first responders in the county
## Prerequisites for Phased Reopening

<table>
<thead>
<tr>
<th>Prerequisite</th>
<th>Done by</th>
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<tr>
<td>1. Declining COVID-19 prevalence</td>
<td>County</td>
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<tr>
<td>2. Minimum Testing Regimen</td>
<td>Health region</td>
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<tr>
<td>3. Contact Tracing System</td>
<td>County</td>
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<tr>
<td>4. Isolation Facilities</td>
<td>County</td>
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<tr>
<td>5. Finalize Statewide Sector Guidelines</td>
<td>Statewide</td>
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<tr>
<td>6. Sufficient Healthcare Capacity</td>
<td>Health region</td>
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<tr>
<td>7. Sufficient PPE Supply</td>
<td>Health region</td>
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</tbody>
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Governor will be accepting county applications starting May 8\(^{th}\), with a goal of allowing some counties to enter Phase I as soon as May 15\(^{th}\).
Health regions in Oregon

Note: regions 3/5 and 6/9 work collaboratively. Due to historical factors, there are no regions 4 or 8.
Phase I

Rural counties with very few cases who meet the prerequisites can enter Phase I starting May 15th.
### Phase I:
#### Changes for Specific Types of Employers

<table>
<thead>
<tr>
<th>Category</th>
<th>Current</th>
<th>New statewide</th>
<th>Phase I – by county</th>
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<tbody>
<tr>
<td><strong>Childcare</strong></td>
<td>For essential workers only; cohorts up to 10</td>
<td>Open to all with priority for essential workers; increased cohorts #s to defined</td>
<td></td>
</tr>
<tr>
<td><strong>Summer school, summer camps and other youth programs</strong></td>
<td></td>
<td>Will be open with physical distancing</td>
<td></td>
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<tr>
<td><strong>Outdoor recreation and public spaces</strong></td>
<td></td>
<td>State park day use areas and boat ramps, option for county/federal camping</td>
<td></td>
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<tr>
<td><strong>Restaurants and bars</strong></td>
<td>Take-out only</td>
<td>Take-out only</td>
<td>Sit-down with 6 foot distancing required</td>
</tr>
<tr>
<td><strong>Personal care – salons, barber shops, massage, etc.</strong></td>
<td>Closed</td>
<td>Closed</td>
<td>Physical distancing, appointments, PPE and customer list required</td>
</tr>
<tr>
<td><strong>Personal care – gyms/ fitness</strong></td>
<td>Closed</td>
<td>Closed</td>
<td>Max. limit; physical distancing &amp; sanitation required</td>
</tr>
<tr>
<td><strong>Local gatherings</strong></td>
<td>Closed</td>
<td>Closed</td>
<td>TENTATIVE: For local groups only up to 25 (no travel).</td>
</tr>
</tbody>
</table>

A county will remain in Phase I for at least 21 days before potential move to Phase II.
Examples of sector-specific guidelines

Restaurants/bars

- Ensure tables are spaced at least six (6) feet apart so that at least six (6) feet between parties is maintained, including when customers approach or leave tables.

- Require all employees to wear cloth face or disposable coverings (provided by the employer).

- End all on-site consumption of food and drinks by 10 p.m.

Personal services (salons, barbers)

- Appointments and pre-appointment health check required, including maintaining customer log.

- Six feet physical distancing between clients.

- Remove all magazines, newspapers, snacks and beverages from waiting areas.

- Face coverings, capes, smocks required by employees and for clients, depending on the services provided.
Metrics for Consideration of Re-imposing Restrictions

1. **Inability to meet contact tracing requirements**
   - Must contact 95% of contacts within 24 hours
   - More than 30% of cases cannot be traced to existing cases (indicating increasing community spread)

2. **Evidence of increasing prevalence of COVID-19**
   - As measured by a five percent or greater increase in incident cases over 7 days
   - As measured by uptrending percent positivity of COVID-19 testing over 7 days

3. **Evidence of increasing burden of severe COVID-19**
   - As measured by new COVID-19 hospital admissions uptrending over 7 days

If any of these metrics are violated, OHA will call an immediate meeting with local public health officials for further discussion and evaluation.
Phase II

After 21 days in Phase I, counties continuing to meet the prerequisites may be able to enter Phase II.

Goal is to further expand gathering size, allow some office work, plus begin to allow visitation to congregate care. Specifics are still being worked out and will be based on data collected in Phase I.
Phase III

Concerts, conventions, festivals, live audience sports won’t be possible until a reliable treatment or prevention is available. It is unknown at this time when this will be.

**Therefore, all large gatherings should be cancelled or significantly modified through at least September.** Further guidance on large gatherings scheduled for later in the fall will be provided this summer.
<table>
<thead>
<tr>
<th>Phase I – Some counties can enter on May 15th</th>
<th>New Statewide Changes</th>
<th>What’s eligible to be open</th>
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<tr>
<td>Restaurants/bars – limited sit-down</td>
<td>Expanded childcare</td>
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<tr>
<td>Personal care (salons, gyms) – limited</td>
<td>Education programs</td>
<td></td>
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<tr>
<td>In-person local gatherings up to 25</td>
<td>More public spaces open</td>
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<tr>
<td><strong>Phase II – Higher risk</strong></td>
<td>Optional increased work in offices</td>
<td></td>
</tr>
<tr>
<td>In-person local gatherings up to 100**</td>
<td>with physical distancing (<strong>TENTATIVE &amp; SUBJECT TO CHANGE</strong>)</td>
<td></td>
</tr>
<tr>
<td>Visitation to nursing homes – limited</td>
<td>Concerts</td>
<td></td>
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<tr>
<td>Phase III – Highest-risk; will require reliable treatment or vaccine</td>
<td>Conventions</td>
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<td>Live audience sports</td>
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